**Shadai Martin PhD RDN**

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**Education**

**May 2018 PhD Nutrition & Exercise Science**

South Dakota State University

**December 2014** **M.S. Nutrition & Dietetics**

University of North Florida, Brooks College of Health

**April 2013 B.S. Nutrition & Dietetics**

University of North Florida, Brooks College of Health

**Licensure/Certifications**

06/15-present **Registered Dietitian Nutritionist (RDN)**

08/22-present  **Zumba Instructor**

04/17- present **CPR/First Aid**

07/14-07/20 **ACE Group Fitness Instructor**

**Work Experience**

08/18- present **Assistant Professor – New Mexico State University**

05/17 – 05/18 **Graduate Research Assistant – South Dakota State University**

01/16- 05/18 **Graduate Teaching Assistant – South Dakota State University**

(08/15 – 12/16) **Adjunct Instructor** **– South Dakota State University**

(10/15 – 02/17) **Child Nutrition Services – Brookings School District**

**(**08/10 –01/15**) Assistant Naturalist – Tree Hill Nature Center**

**Professional Affiliation**

2013 - present American Dietetic Association

2020- present New Mexico Dietetic Association

2013- 2018 Florida Dietetic Association

**Grants Awarded**

**Martin S., Gioannini R.**  Paso Del Norte Health Foundation: Healthy Eating and Active Living

Continental Cooking and Gardening for Adolescents and Teens

Amount Awarded: $51,253.40

June 2022

**Publications**

*Published Research Articles*

**Martin, S.,** Velasco-Cruz, C., McCormack, L. Eating behaviors and body image perception among college students. *Health Behavior and Policy Review*. 2022; 9(5):1052-1062.

**Martin S.** McCormack L. Eating Behaviors and the perceived nutrition environment. *Journal of American College Health.* 2022; DOI: [10.1080/07448481.2022.2068019](https://doi.org/10.1080/07448481.2022.2068019)

**Martin, S.,** Zagone, L., Rogus, S**.** Traffic light nutrition labelling: implementation and effects on student food choices in university’s mobile food pantries. *Health Behavior and Policy Review.* 2022; 9(1).

**Martin**, S., McCormack, L. Body image, dieting and disordered eating behavior among college students. *Journal of Social Health.* 2022; 5:1.

Rogus, S., Coakley, K.E., **Martin, S**., Gonzales-Pacheco, D., & Sroka, C.J. Food security, access, and challenges in New Mexico during COVID-19*. Current Developments in Nutrition*. 2022; 6:1.

**Martin S,** Rogus S**.** Challenges and Solutions to change of operations in nutrition-and-health related community programs, cooperative extension and teaching. *JFCS.* 2022; 113:4.

Meredith T Niles; Alyssa W. Beavers; Lauren A. Clay; Marcelle M. Dougan; Giselle A. Pignotti; Stephanie Rogus; Mateja R. Savoie-Roskos; Rachel E. Schattman; Rachel M. Zack; Francesco Acciai; Deanne Allegro; Emily H Belarmino; Farryl Bertmann; Erin Biehl; Nick Birk; Jessica Bishop-Royse; Christine Bozlak; Brianna Bradley; Barrett P Brenton; James Buszkiewicz; Brittney N Cavaliere; Young Cho; Eric M Clark; Kathryn Coakley; Jeanne Coffin-Schmitt; Sarah M Collier; Casey Coombs; Anne Dressel; Adam Drewnowski; Tom Evans; Beth J Feingold; Lauren Fiechtner; Kathryn J Fiorella; Katie Funderburk; Preety Gadhoke; Diana Gonzales-Pacheco; Amelia Greiner Safi; Sen Gu; Karla L Hanson; Amy Harley; Kaitlyn Harper; Akiko S Hosler; Alan Ismach; Anna Josephson; Linnea Laestadius; Heidi LeBlanc; Laura R Lewis; Michelle M Litton; Katie S Martin; **Shadai Martin**; Sarah Martinelli; John Mazzeo; Scott C Merrill; Roni Neff; Esther Nguyen; Punam Ohri-Vachaspati; Abigail Orbe; Jennifer J Otten; Sondra Parmer; Salome Pemberton; Zain Al Abdeen Qusair; Victoria Rivkina; Joelle Robinson; Chelsea M Rose; Saloumeh Sadeghzadeh; Brinda Sivaramakrishnan; Mariana Torres Arroyo; McKenna Voorhees; Kathryn Yerxa.

A Multi-Site Analysis of the Prevalence of Food Security in the United States, before and during the COVID-19 Pandemic. *Current Developments in Nutrition.* 2021; 1(5): 12.

Rogus S**, Martin S,** Philips S**.** Teaching in an undergraduate dietetics program and internship during COVID-19. *JFCS.* 2021; 113:2

**Martin S**, Velasco-Cruz C. The nutrition environment, food choices and body image among college students. *Journal of Social Health.* 2020; 3:2.

**Martin S**, Meendering J, McCormack L. Association between written school nutrition wellness policies and the observed nutrition environment within elementary schools. *Journal of Education & Social Policy*.2019; 6:3

McCormack L, **Martin S**, McGlade S, Meendering J, Foster J, Miller A. Differences in overweight/obesity among youth in Midwest-state by rural-urban continuum codes. *South Dakota Medicine*. 2019

***Published Abstracts***

**Martin S.** Evaluating the delivery method of a MyPlate nutrition education class. *Journal of the Academy of Nutrition and Dietetics.* 2022

**Martin S**, Velasco-Cruz C. The nutrition environment, eating patterns and body image among college students. *Current Developments in Nutrition.* 2020

Palomino N, **Martin S.** Evaluating the delivery method of a Southwest state’s diabetes prevention program. *Journal of the Academy of Nutrition and Dietetics.* 2020

**Presentations**

**Martin S.** Evaluating the delivery method of a MyPlate nutrition education class. *Journal of the Academy of Nutrition and Dietetics (FNCE).* 2022

**Martin S.** Self-regulatory and eating compensatory behaviors related to alcohol among college students. *American Society of Nutrition Conference.* (June 6, 2022)

**Martin S**. Body image and restaurant meal consumption among college students. *American Society of Nutrition Conference. (*June 7, 2021)

Rogus S, Coakley K, Gonzales-Pacheco D, **Martin S**. Food access, challenges, worry and food insecurity during COVID-19 in New Mexico. *Academy of Nutrition and Dietetics (FNCE).* (October 19, 2021)

**Martin S**. The nutrition environment, eating patterns and body image among college students. *American Society of Nutrition Conference.* (June 2, 2020).

Palomino N, **Martin S.** Evaluating the delivery method of a Southwest state’s diabetes prevention program. *Academy of Nutrition and Dietetics (FNCE).* (October 20, 2020).

Rogus, S. **Martin, S**. "Food access and security during COVID-19: A New Mexico study". *NM Academy Nutrition and Dietetics fall webinar*. (November 2020).

**Martin S**., NMSU Research Conference, "Association between written school nutrition wellness policies and the observed nutrition environment within elementary schools," NMSU. (November 15, 2019).

**Martin S**., NMSU Research Conference, "Free-and Reduced Price School Lunch Participation by County Ruralness," NMSU, Student Union Ballroom. (November 15, 2019).

**Martin S**., "The Background of Human Nutrition Science," Dona Ana Community College, Dona Ana Community College - Main Campus. (November 12, 2019).

**Martin S** (2019) Ancestral Foodways Workshop – Meso American and Southwestern Indigenous People Diet: (Six Week Presentation) La Semilla, Anthony New Mexico (February 23rd – April 6th2019)

Week 1 - Earth’s Cultural Role for Mesoamerican and Southwestern Indigenous People (Nixtamal)

Week 2 – Importance of Fire to Mesoamericans and Southwester Indigenous People

Week 3 – Air/Wind/Cardinal Directions and its effect on food

Week 4 – Water’s Influence on Mesoamerican and Indigenous People Diet

Week 5 – Dietary Healing Remedies of Mesoamericansand Southwestern Indigenous People

Week 6 – Time and its relationship to the diet of Meso-Americans andSouthwestern Indigenous People

**Martin, S**., "Macro-nutrients," Dona Ana Community College. (November 27, 2018).

Associations between free & reduced-price lunch and rural obesity. **Martin S**, McCormack L. Poster presentation at Avera/SDSU Research Symposium, Brookings, SD 2017.

Food Label Presentation**. Martin S**. Oral Presentation at South Dakota State University -PE 220 Fitness, Brookings, SD 2017.

Nutrition, Wellness & Physical Activity. **Martin S**. Oral Presentation at Bonne Homme School District (Three) – elementary, middle & high school nutrition education, Bon Homme, SD 2017.

Trying New Foods. **Martin S**. Oral Presentation at South Dakota State University – NUTR 492, Brookings, SD 2018.

**Academic Advising**

***Master’s Thesis Chair***

Master's Thesis Committee Chair, "Exploring Attitudes Regarding Acculturation to Food of International Students." (October 2019 – May 2021).  
Advised: Kaur H.

Master's Thesis Committee Chair, "Traffic Light Nutritin Labeling; Implementation and Effects on Student Food Choices." (October 2019 – May 2021).  
Advised: Zagone L.

Master's Thesis Committee Chair, "Effects of Alcohol Consumption on Eating Patterns." (October 2019 – May 2021).  
Advised: Hart M.

Master's Thesis Committee Chair, "Assessing Food Insecurity Among College Students in the Southwest Region." (May 2018 – May 2020).  
Advised: Mancha B.

Master's Thesis Committee Chair, "The Influence of Social Media on Food Choices Among College Students." (October 2018 – May 2020 ).  
Advised: Renteria C.

08/18 – present - Master’s Non-Thesis Advisor

08/18 – present - Faculty Advisor - New Mexico State University Student Nutrition Club

**Committee Assignment**

01/19 – present – NMSU Dietetic Intern Selection Committee

01/18 – present – FCS Department Scholarship and Awards Committee

01/22-present – FCS Curriculum Committee