



FREE Group Sessions on Premarital Therapy



Join our four-part series **Foundations for the Future: Premarital Therapy** can help you improve communication, learn to solve problems effectively, and develop a better understanding of your partner.

TOPICS:

- **Relationship Expectations:** Explore and align your visions for the future.
- **Intimacy:** Cultivate a deeper emotional and physical connection.
- **Financial Disclosure:** Achieve financial harmony
- **Management Conflict:** Navigate disagreements constructively

CONTACT US

Where: Scan QR code
Register by February 14th



Please scan code and sign up for either Zoom or In-Person

Zoom

Wednesdays

February 28th – March 20th

5:30 pm – 6:30 pm

In-Person

Thursdays

February 22nd – March 14th

4:30 pm – 5:30 pm